



Empower Your NPs & PAs in Psychiatry & Mental Health

Accelerate onboarding, improve provider confidence, and expand access to high-quality psychiatric care through structured education, coaching, and professional development.



KEY OUTCOMES



Improved Patient Access to Care

Enable NPs and PAs to provide evidence-based care with greater confidence and efficiency.



Accelerate Provider Ramp-Up

Reduce onboarding time and support providers in reaching full productivity faster.



Strengthen Provider Retention

Invest in professional development that increases engagement, satisfaction, and long-term retention.



Optimize Workforce Performance

Improve documentation, coding, communication, and clinical decision-making.

PROGRAM SNAPSHOT



12-Month Comprehensive Program



46 weeks of live instruction



1:1 Faculty Mentoring



100+ hours of CME/CE credit



Rolling Enrollment



Peer to Peer Learning Community



Dedicated Client Success Manager

PROGRAM OVERVIEW

ThriveAP's Psychiatry and Mental Health Specialty Program is a 12-month comprehensive curriculum to help employers attract, retain and upskill nurse practitioners (NPs) and physician associates (PAs) to develop confident and competent care in the hospital setting.

This program is endorsed by the Association of Psychiatric Mental Health Nurse Practitioners (aPMHNP). Together, the partnership offers extensive psych and mental health support, including resources, tools for professional growth, and advocacy specifically for advanced practice providers.

WHO SHOULD ATTEND?

- ✓ **Newly hired** NPs and PAs entering psychiatry & mental health
- ✓ **Experienced** APPs transitioning into psychiatry & mental health
- ✓ Organizations seeking to **improve onboarding and retention**
- ✓ Healthcare systems **expanding psychiatry & mental health services**
- ✓ Medical groups focused on **APP workforce development**

10 CORE CURRICULUM BLOCKS

-  Practice Tools & Care Delivery
-  Emergency Care
-  Mood Disorders
-  Anxiety Disorders
-  Trauma, Stressor & Substance Related Disorders
-  Child & Adolescent
-  Psychotic Disorders
-  Neurocognitive Disorders
-  Treatment Modalities & Team-Based Care
-  Complex Presentations & Special Populations

PROFESSIONAL DEVELOPMENT

- ✓ Developing a Successful Mindset as a Healthcare Provider
- ✓ Licensing and Credentialing
- ✓ Practice Efficiency and Clinical Support Tools
- ✓ Delivering Serious News and Patient Communication
- ✓ Provider Wellness and Self-Care
- ✓ Leadership and Team Dynamics
- ✓ Conflict Resolution and Workplace Communication
- ✓ Health Policy and Professional Advocacy Presenting Clinical Cases
- ✓ Financial Documentation, Billing, and Coding
- ✓ Caregiver Resilience and Family Support
- ✓ Journal Club and Advanced Topics

“ APPs are demonstrating **greater confidence and competence** in practice, and our collaborating physicians have expressed **higher satisfaction with their performance.**”

-Baylor Scott & White



WHAT EMPLOYERS RECEIVE

- Monthly participant progress reports
- Data-driven performance insights
- Structured onboarding support
- Provider development and retention resources
- Access to faculty expertise and mentorship
- A scalable workforce development solution



WHAT PARTICIPANTS RECEIVE

- Expert-led psychiatry & mental health curriculum
- 1:1 faculty coaching
- Peer learning and collaboration
- Professional development training
- Clinical decision-making support
- 100+ hours of CME/CE credit



ABOUT THRIVEAP

Founded in 2012, ThriveAP is a leading healthcare education organization dedicated to supporting clinicians and healthcare employers through innovative educational programs and workforce development solutions.

Our mission is to improve patient access to care, enhance provider fulfillment, and strengthen healthcare teams through practical, evidence-based education.

READY TO STRENGTHEN YOUR PSYCH/ MENTAL HEALTH APP WORKFORCE?

Accelerate onboarding.
Improve retention.
Expand patient access.

thriveap.com/psychmentalhealth

