

CURRICULUM OVERVIEW

Women's Health

ThriveAP's Specialty Upskilling Programs

ThriveAP's Specialty Upskilling programs help more tenured Nurse Practitioners (NPs) and Physician Associates (PAs) expand specialty knowledge, strengthen clinical confidence, and support evolving patient care needs through on-demand educational material. Each recorded webinar session is designed to encourage deeper understanding of clinical concepts through case studies and applied learning. Participants also benefit from virtual coaching and mentorship with experienced faculty.

Guidelines and Developmental Partners

This program was developed by obstetrics and gynecology experts to address timely, high-priority topics in women's health care. A dedicated curriculum committee continuously reviews and updates the content to maintain alignment with evidence-based practices, current billing and coding standards, and identified medical knowledge gaps.

Format: Asynchronous Webinars Delivered Weekly Over 3 Months

CE/CME: 13+ hours accredited by AAPA & ANCC

Curriculum Didactic Topics

- Uterine Wellness: Understanding Fibroids, Polyps, and Endometriosis
- Bladder Matters in Women: Addressing Incontinence and Interstitial Cystitis
- Adolescent Women's Health
- Breast Wellness: Identifying and Managing Common Benign Breast Conditions
- Reproductive Endocrinology and Fertility
- Menopause: Navigating Symptoms and Effective Treatments
- Menopause: Evaluation and Diagnosis
- Vaginal Wellness
- Women's Cancer Care – Early Detections, Screening, Survivorship Care
- Recognizing and Managing Pregnancy Complication
- Peripartum Mental Health Disorders
- Postpartum Care

About ThriveAP

ThriveAP is not just an onboarding program, it's an APP workforce transformation solution for health systems. By taking advantage of both the 12-month Transition to Practice (TTP) program and our 3-month Specialty Upskilling programs, employers can build long-term retention strategies, ensuring cost savings, efficiency, and improved patient access to care.



Learn more at
thriveap.com/products/specialty-upskilling

