

CURRICULUM OVERVIEW

Psychiatry and Mental Health

ThriveAP's Specialty Upskilling Programs

ThriveAP's Specialty Upskilling programs help more tenured Nurse Practitioners (NPs) and Physician Associates (PAs) expand specialty knowledge, strengthen clinical confidence, and support evolving patient care needs through on-demand educational material. Each recorded webinar session is designed to encourage deeper understanding of clinical concepts through case studies and applied learning. Participants also benefit from virtual coaching and mentorship with experienced faculty.



Guidelines and Developmental Partners

This program was developed by psychiatry experts to address timely, high-priority topics in psychiatric and mental health care. A dedicated curriculum committee continuously reviews and updates the content to maintain alignment with evidence-based practices, current billing and coding standards, and identified medical knowledge gaps.

Format: Asynchronous Webinars Delivered Weekly Over 3 Months

CE/CME: 13+ hours accredited by AAPA & ANCC

Curriculum Didactic Topics

- Persistent and Resistant Depressive Disorders
- Refractory Generalized Anxiety Disorders
- Bipolar Disorders
- Dementia / Delirium
- Insomnia
- Premenstrual Dysphoric Disorder and Women's Mental Health
- Autism Spectrum Disorder / ADHD & SPD
- Complex Childhood Mental Health – Psychosis and Schizophrenia
- Somatic Symptom and Related Disorders
- Substance Use Disorders
- Adult ADHD
- Non-pharmacologic Therapeutic Options
- Management of Alcohol Use Disorder

About ThriveAP

ThriveAP is not just an onboarding program, it's an APP workforce transformation solution for health systems. By taking advantage of both the 12-month Transition to Practice (TTP) program and our 3-month Specialty Upskilling programs, employers can build long-term retention strategies, ensuring cost savings, efficiency, and improved patient access to care.

Learn more at
thriveap.com/products/specialty-upskilling

