

CURRICULUM OVERVIEW

Preventive/ Metabolic Cardiology

ThriveAP's Specialty Upskilling Programs

ThriveAP's Specialty Upskilling programs help more tenured Nurse Practitioners (NPs) and Physician Associates (PAs) expand specialty knowledge, strengthen clinical confidence, and support evolving patient care needs through on-demand educational material. Each recorded webinar session is designed to encourage deeper understanding of clinical concepts through case studies and applied learning. Participants also benefit from virtual coaching and mentorship with experienced faculty.



Guidelines and Developmental Partners

This program was developed in collaboration with the Academy of Physician Associates in Cardiology (APAC) and leading cardiometabolic experts to address high-priority topics in clinical preventive and metabolic cardiology. A dedicated curriculum committee continually reviews and refines the content to ensure alignment with current evidence-based practices, evolving technologies, and identified gaps in clinical knowledge.

Learn more at
thriveap.com/products/specialty-upskilling



Format: Asynchronous Webinars Delivered Weekly Over 3 Months

CE/CME: 13+ hours accredited by AAPA & ANCC

Curriculum Didactic Topics

- Contemporary Risk Stratification and Biomarkers
- Optimizing Statins & Ezetemibe in Complex Patients
- Novel and Emerging Agents in Lipidology
- Familial and Refractory Dyslipidemias
- Hypertension Phenotyping for Precision Therapy
- Guideline-based Management of Primary and Resistant HTN
- Hypertension in Special Populations
- Cardiometabolic Web: Diabetes, Obesity and CV Risk
- Pharmacologic Weight Loss: Beyond Lifestyle
- SGLT2 and GLP-1 Agents for Cardiorenal Protection
- Lifestyle and Nutrition for Atherosclerosis Prevention
- MASLD & Inflammation
- Cardiac CT: From Calcium Scoring to CTA
- Cardiac MRI for Tissue Characterization & Prognosis
- Operationalizing a Preventive Cardiology Service Line

About ThriveAP

ThriveAP is not just an onboarding program, it's an APP workforce transformation solution for health systems. By taking advantage of both the 12-month Transition to Practice (TTP) program and our 3-month Specialty Upskilling programs, employers can build long-term retention strategies, ensuring cost savings, efficiency, and improved patient access to care.