

## CURRICULUM OVERVIEW

# Foundations of APP Leadership

## ThriveAP's Leadership Development

ThriveAP Leadership Development prepares experienced APPs to grow their influence through clinical, team, operational, and organizational leadership. Through flexible, on-demand education, participants build practical leadership skills they can apply to communication, team performance, decision-making, and broader organizational priorities.

## Guidelines and Developmental Partners

Foundations of APP Leadership helps tenured APPs build the skills needed to lead teams, communicate effectively, navigate change, and contribute more confidently within clinical practice environments. Through practical, applied learning, participants strengthen core leadership capabilities that support team performance, collaboration, and professional growth.



**Format: Asynchronous Webinars Delivered Weekly Over 3 Months**

**CE/CME: 15+ hours accredited by AAPA & ANCC**

## Curriculum Didactic Topics

- From Expert Clinician to Developing Leader
- Leader Identity Through Self-Assessment
- Values as Your Operating System
- Strengths vs Personality: Using Tools Without Becoming the Tool
- Blind Spots, Triggers, and Stress Patterns
- Emotional Intelligence in Healthcare: What It Is + How to Build It
- Personal Professional Brand and Credibility
- Feedback as a Gift
- Mentorship for Developing Leaders
- Skillful Communication - Listening that Builds Trust
- Skillful Communication - Speaking Clearly, Kindly and Directly
- Difficult Conversations Toolkit
- Boundaries in Transition
- Psychological Safety and Speaking Up with Confidence
- Change Readiness in Healthcare: Change Management vs Implementation Science

## About ThriveAP

ThriveAP is not only a clinical training partner, but also a long-term workforce development partner. ThriveAP supports APPs not only as clinicians, but as future leaders. By taking advantage of both the 12-month Transition to Practice (TTP) program and our 3-month Leadership Development programs, employers can build long-term retention strategies, ensuring cost savings, efficiency, and improved access to care.

Learn more at  
[thriveap.com/](https://thriveap.com/)

